

# HORARIO ACTIVIDADES SEPTIEMBRE



## Mañana:

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO
	<b>Bootcamp 30'</b> 7:00		<b>Bootcamp 30'</b> 7:00		
<b>Pilates 45'</b> 9:30	<b>Totalbody 45'</b> 9:30	<b>Pilates 45'</b> 9:30	<b>Totalbody 45'</b> 9:30		
					<b>Yoga 60'</b> 10:00
	<b>Dance! 45'</b> 10:30	<b>Pump 45'</b> 10:30	<b>Dance! 45'</b> 10:30	<b>Totalbody 45'</b> 10:30	
					<b>Dance! 45'</b> 11:00

# Tarde:

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
	Yoga 60' 17:45			Pilates 45' 18:30
	Pilates 45' 18:45		Pilates 45' 18:45	
				Pump 45' 19:15
Dance! 45' 19:30	Pump 45' 19:30	Dance! 45' 19:30	Dance! 45' 19:30	
Cross Training 45' 19:30	Cross Training 45' 19:30	Cross Training 45' 19:30	Cross Training 45' 19:30	
	Boxeo 60' 20:15	Cross Training 45' 20:15	Boxeo 60' 20:15	
Pilates 45' 20:15		Pilates 45' 20:15		